

This information reflects basic precautionary measures that can be applied in the event of load shedding.

Load shedding is the action to reduce electricity load by interrupting the electricity supply to some consumers. This is used, for example, to avoid overloading generators, prevent Power Station blackouts, and avoid island-wide outages.

Load shedding is not a pleasant action and this step will not be taken lightly. However, load shedding is necessary if a reduced power generation event occurs whereby it is not possible to meet demand.

If you require further information please contact our Administration Office on:

Tel: 22255

Email: enquiries@connect.co.sh

Or follow us on Facebook @Connect Saint Helena Ltd



**ARE YOU
PREPARED ?**



COMMUNICATIONS

- Keep your mobile phone fully charged while the power is on. If your mobile battery is low, you can use your car charger or power packs.
- Keep your mobile phone credit topped up to follow our updates on our Facebook page.
- Always have a phone (landline) available that does not rely on mains power. This is helpful during short outages as cordless phones don't work during power outages.

LIGHTING

- Invest in rechargeable LED lights and batteries.
- Keep torches and spare batteries in an easy to access place, like next to your bed.
- Solar-powered security and garden lights are an efficient way to ensure lighting and security during load shedding.
- You could use candles for lighting but this can be hazardous if left unattended. Remember to extinguish all candles when you go to bed.
- Leave a single light in the ON position so that you know when power has been restored.

EQUIPMENT



- Install surge protection devices to minimise the risk of damage to your equipment during electric surges.

- Regularly backup your computer data to an external hard drive in case of an unforeseen electrical fault.

IN THE KITCHEN

- Have a few emergency pre-prepared meals in your freezer could help feed your family during load shedding, noting that refrigerator and freezer doors should be opened minimally during the power outage. Your freezer contents should remain safe for at least four hours.



- For hot drinks, a thermos flask with boiled water could be handy.
- A small gas cooker for essential cooking is useful, but make sure you have an extra bottle of gas.

- The more closely packed your freezer is, the longer your food will remain safe. Consider keeping a frozen bottle of water in your freezer to pack it tightly.

OTHER

- Medication that needs to be kept refrigerated can be kept in a closed fridge for several hours without spoiling. Check with your doctor or pharmacist which medication needs to be kept cool.
- Ensure that you have sufficient contingency power (e.g. battery packs) for specialised personal medical equipment.
- In the event of planned load shedding, turn off all appliances at least 10 minutes before the outage.
- Have a backup plan for any pets relying on power (such as tropical fish) to ensure their needs are met.
- Keep emergency phone numbers handy.